

Talk to us today

Call 1300 363 831

Speak to our team of experts and advisors

Go to apprenticeshipsupport.com.au

Sign into your dedicated apprentice and trainee section to access up-to-date advice

Email us

Get in touch via intrainingsupport@businessaustralia.com and we will come back to you as soon as possible

Join Skillsroad.com.au

Skillsroad is a unique career advice and job search platform that connects young job seekers with employers. They provide support to over 300,000 entry-level job seekers across the country, and have some great tips on adjusting to full-time work.









Beyond Blue

1300 224 636 www.beyondblue.org.au You can also email them or chat to them online



Kids Helpline's - "Anytime. Any reason"

1800 55 1800
www.kidshelpline.com.au
They focus on ages 5 to 25 and
help you access support
groups and peers going
through similar tough stuff, so
don't be afraid to use them.



Lifeline

12 11 14
www.lifeline.org.au
Focuses on crisis support
and suicide prevention