



APPRENTICE AND TRAINEE SIGN-UP GUIDE

QLD

from 1 January 2026



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Apprenticeship Support Australia

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WELCOME TO APPRENTICESHIP SUPPORT AUSTRALIA

Congratulations on your decision to become an apprentice or trainee! It's an exciting time to be joining the Vocational Education and Training (VET) Industry. By combining work and study you will quickly gain the skills and experience you need to build a successful career.

Did you know there are more than 500 occupations that offer apprenticeships and traineeships, ranging from Certificate II to Advanced Diploma levels? An apprenticeship or traineeship opens the doors to some amazing opportunities. With a nationally recognised qualification under your belt, this will make it much easier to travel and work in Australia.

How will you benefit?

- ✓ Gain industry specific skills and valuable work experience
- ✓ Have better job prospects
- ✓ Opportunity to travel and work anywhere in Australia
- ✓ Allows you to earn while you learn

The team at Apprenticeship Support Australia (ASA) will provide you with ongoing support and advice throughout your apprenticeship or traineeship.

Welcome to the ASA Community. We are here to help you on your journey.

Stay in touch

Need support? Call us on **1300 363 831** or email us at **mentoringsupport@apprenticeshipsupport.com.au**
Your dedicated ASA Industry Training Consultant is your go-to expert in relation to your apprenticeship program.

YOU'RE ON TRACK
TO A NATIONALLY
RECOGNISED
QUALIFICATION!

WHO'S INVOLVED?

Who signs you up?



Apprenticeship Support Australia (ASA)

ASA is your Apprenticeship Network Provider contracted by the Australian Government. We conduct the training contract sign up, administer standard incentives program, offer support services, and have regular contact with the apprentice/trainee and employer as nominated.



Apprenticeship Data Management System (ADMS)

ADMS is a modern and secure platform supporting the delivery of Australian Apprenticeship programs. The ADMS system is used by the Australian Apprentice or Trainee to review and submit claim applications. If eligible to claim, the Australian Apprentice or Trainee will receive an email notification to advise their application is ready to progress from ADMS.



State Training Authority (STA)

Department of Trade, Employment and Training is the regulator of apprenticeships and traineeships in Queensland. They provide the final step and approve your training arrangement. They make things official!

Who employs you?




Employer

The employer hires apprentices/trainees and provides appropriate support, training and supervision on the job for you to gain the skills and knowledge to complete your apprenticeship or traineeship.



Group Training Organisation (GTO)

In some instances the apprentice/trainee is not employed directly by an employer, but through a GTO. The GTO employs you and places you with a host employer.



The Australian Apprentice/Trainee

That's you!

Who trains you?



Your employer – on-the-job training

Gaining hands-on experience is important. Your employer provides appropriate support, training and supervision on the job so that you can gain the skills and knowledge to complete the requirements of your apprenticeship or traineeship.



Registered Training Organisation (SRTO) – off-site training

The SRTO works with you and your employer to deliver a training plan, deliver training, assess achievement of skills and issue the qualification on successful completion. TAFE is an example of an SRTO. An Employer must release the Australian Apprentice for formal training and pay the appropriate wages to attend any training and assessment set out in the training plan. Release time to complete formal training is also stipulated in the full training plan.

Remember, you need to be signed up with ASA before enrolling with a SRTO.

APPRENTICESHIP SUPPORT AUSTRALIA IS WITH YOU ALL THE WAY



Connecting you with your employer

Employers are the foundation of every registered apprenticeship program. Your employer will work with the Group Training Organisation (GTO) (where applicable), your dedicated ASA Industry Training Consultant and the Supervising Registered Training Organisation (SRTO) to ensure you are on track to complete your national qualification.



National qualifications

Once you've completed your apprenticeship or training, you will be the proud owner of a national qualification. This is your guarantee that you are fully qualified, and on track to excelling in your chosen career!



Related study requirements

Combine on-the-job learning with further education and study with an SRTO, such as TAFE. Your employer and your ASA Industry Training Consultant will organise this for you.

The payment of your training fees depends on the Industrial Award under which you are paid. Speak to both your employer and ASA representative to find out how.



Integrated on- the-job training

Together, your SRTO and employer will organise:

- What you will be trained in
- Who you will be training with
- How the training will be done
- Where the training will take place
- And arrange for you to attend any off-the-job training.



VET is for earning

Your employer will pay your wages and superannuation according to the agreement/award under which you are employed. Refer to fairwork.gov.au. Check out a snapshot of industry pay scales here: apprenticeshipsupport.com.au/Apprentices/How-Much-Will-I-Get-Paid

How it all
comes
together

WHAT TO EXPECT AT SIGN-UP



Who is your Industry Training Consultant?

The ASA Industry Training Consultant is your go-to expert in relation to your apprenticeship or traineeship program.

Documents that will be presented for discussion and signature:

- ✓ Training Contract
- ✓ Additional forms that may be applicable to your apprenticeship or traineeship arrangement



Documentation to have ready

- ✓ Your Unique Student Identifier (USI). To create your USI go to: usi.gov.au
- ✓ Your ID (Driver's licence or photo ID)
- ✓ Copies of any previous qualifications completed
- ✓ Visa details and document (if applicable)
- ✓ If possible, your parent or guardian to attend the sign up if you are under 18

Assessment Services

Determine the **READINESS** and **ABILITY** of potential apprentices and employers for an apprenticeship.

We provide a Readiness check and tailored recommendations for support before signing.

Need help? Call **1300 363 831**



Points for discussion

- ✓ Financial incentives and benefits that may be available to you and your employer as well as the claiming procedure
- ✓ Support available from ASA throughout your apprenticeship or traineeship arrangement
- ✓ Future contact points throughout your Australian Apprenticeship with you and your employer to ensure you are working towards a successful completion

Your local Industry Training Consultant will arrange a convenient time for you and your employer to complete your Apprenticeship/ Traineeship Training Contract (TC) and relevant paperwork to submit the training arrangement to the State Training Authority for approval.

YOU ARE ON YOUR WAY TO SUCCESS

The contract has been signed – now what?

Once the Training Contract (TC) is completed and signed, the training contract obligations become automatically binding.



With over 500 qualifications across all industries, you can continue your training and further your career options.

1. Upskill into a higher-level qualification
2. Cross-skill into a related qualification or additional trade

HELP ALONG THE WAY

PLUS FREE access to our unique Resource Hub

Undertaking an apprenticeship or traineeship is a great career option. However, we understand at times it can be difficult. While none of us can fully prepare for everything that might happen when we start working full time, the team at Apprenticeship Support Australia have developed some resources to help you adapt. We are committed to providing ongoing tailored support and assistance.

Our apprentice and trainee services include:

- ✔ Continuous support throughout your term of training
- ✔ An essential guide to successfully commencing and completing your new apprenticeship or traineeship
- ✔ Access to our innovative apprentice and trainee coaching and advisory programs



Advisory services

Regular contact and ongoing support from your dedicated Mentor. Phone and face-to-face support from trained advisors for personal, training and work-related issues.

FREE Resource Hub

ASA's Resource Hub gives you 24/7 access to resources such as videos and worksheets that help you throughout your training.

Check out the page

apprenticeshipsupport.com.au/Apprentice-Trainee-Resource-Hub

REMINDER – You've made it this far and you're definitely going places. **And remember to respond to the communications we send you.** We need to know how you are tracking!

If in doubt, reach out to us via email on mentoringssupport@apprenticeshipsupport.com.au



A SNAPSHOT OF OUR AVAILABLE RESOURCES

Just for you!

First day at work checklist

Everything you need to know to make Day 1 a success.



Managing stress

We all feel overwhelmed sometimes; here's how to deal.



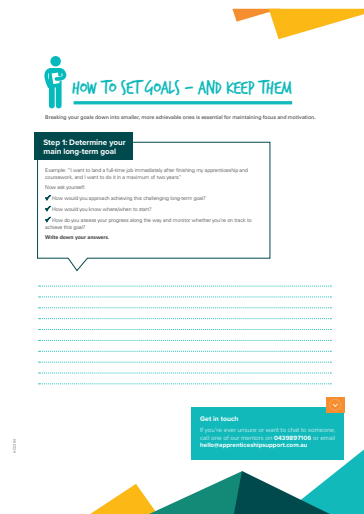
Dos and don'ts

What you need to know to make the best of your apprenticeship/traineeship.



Setting goals

Got goals? Make sure you reach them with these practical tips.



Finding your balance

It's possible to work, live and have fun. Here's how:

FIND YOUR BALANCE
Manage a healthy work-life balance with these tips.

- 1 Prioritize your tasks**
Remember what you've been told: Your superpower(s) is/are being the person to get things done. So for a successful career and a life outside of work, it's all about you. Make the most of your strengths to make the most of your work-life balance.
- 2 Manage your time**
Create a schedule to plan efficiently and keep on top of tasks. Prioritize your tasks into four categories to help you manage them:
✔ Urgent and important
✔ Important but not urgent
✔ Urgent but not important
✔ Neither urgent nor important
- 3 Make time for yourself**
Exercise regularly and eat healthily. Organize and enjoy your daily routine. Make time for family time.
- 4 Make tasks fun**
You can have a job!
- 5 Wash what you eat**
Keep your hands for healthy contact touch. Your hands will shed dead skin cells and help you wash your face.
- 6 Sleep**
Try for eight hours a night.
- 7 Minimize time wasters**
Sleep scrolling through social media and hanging with friends. Try productivity exercises such as Pomodoro or Kanban to give you a boost.
- 8 Don't go to work**
If you're struggling to deal with the workload and your life demands, don't go to work. Talk to your supervisor or manager or a counsellor about your situation. They'll be able to help you, and they really will.
- 9 Be realistic**
You can only do so much - it's not like you'll become a superhero. Keep an ambitious goal, but make sure you're practically approaching it.

Get in touch
If you're ever unsure or need to chat to someone, call one of our mentors on **0432697706** or email hello@apprenticeshipsupport.com.au

Spending your money right

How to set yourself up for future riches.

HOW TO BE A SAVVY SPENDER
Buying things can be loads of fun, right? There's a reason for that: research has found that buying something new and exciting can release feel-good hormones such as endorphins, dopamine and serotonin in our bodies. This makes us want to buy more to keep feeling good. But how do we spend right & Savvy Spender? So before you go "Shop up and take my money," ask yourself these six questions...

- 1 Do I NEED it, or just WANT it?**
You NEED food and a good power plug for your car and they won't come back. You WANT more shoes if you don't have them. You might WANT a new phone, but there's nothing wrong with your old phone, is there? Haha.
- 2 If I see new, can I afford something like that?**
Like I said earlier, it's a habit to spend from impulse. So, it's better to avoid a week in jail.
- 3 Is this the best price?**
Shop around at different outlets or at different times - you might save a lot of money, or even decide that you don't really need to buy anything after all.
- 4 Cheap buy or investment buy?**
Investing your money in something that can last a long time will be the best investment. A good investment or a good investment can last for many years.
- 5 How long will we use this?**
Don't buy just for the moment. Think about the environment, don't buy fast fashion!
- 6 Will you use this if it's not free?**
Think about it: you've bought a new pair of shoes, but you don't wear them because you're buying expensive new shoes. You're buying money, not shoes.

REMEMBER:
• DON'T buy on credit, or use a credit card only for something if you have the cash to pay it off immediately.
• Be careful with AbuPa! It's easy to get carried away and they're more things than you can afford to pay off.

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Banking basics

Is your bank account working for you? Find out!

BANKING BASICS

Got money?
It's time to open a bank account!
Many young kids learn about money by using the "Three jar" strategy of saving, spending and giving. It's a good idea, but if you're ready to open a bank account, here are some tips to help you choose the right account for you.

What bank account should I choose?
Want to make your money work for you? You need a transaction / deposit account. Your income goes in, your money grows, and you can spend it. You need a bank account. A savings account earns you interest, but it's not as easy to use as a transaction account. For example, if you have \$1000 in your savings account, you'll earn \$15 interest in a year.

When choosing, check for:
✔ Low or no bank fees (including ATM fees, international transactions fees or fees on account). Bank fees are usually \$1 a month for account fees, don't want bank fees, but you'll have to pay them. Bank fees are usually \$1 a month for account fees, don't want bank fees, but you'll have to pay them. Bank fees are usually \$1 a month for account fees, don't want bank fees, but you'll have to pay them.
✔ Good interest rate on savings. Take care that the interest rate is a savings rate, not a transaction rate, and not an introductory offer.
✔ Check the rules: Check the account rules carefully and amount of transaction in a month, minimum deposit amount to ensure the good interest rate, and get your money back.
✔ Minimum deposit needed to activate account or bank.
✔ Free online banking services are a must!
✔ No mobile banking apps (or no-fee apps).
✔ No, close to you, or easy to find.
✔ Ability to make international transfers.
✔ Don't lose it, or easy to replace.
✔ Account personalisation options to set savings goals.

Get in touch
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Financial terms

All the terms you need to know.

FINANCIAL TERMS

- Balance**
A plan to live each of your money.
- Income**
Money that you earn (wages, salaries, interest earned, savings, investments, etc.).
- Expense**
When you spend your money on food, bills, clothes, hobbies, etc.
- Saving**
Putting extra money aside for future use.
- Banking account**
A bank account that pays interest to the account holder. It's not designed to make purchases or payments.
- Transactional account**
Everyday deposit account for purchases and payments.
- Credit history**
Your credit record (includes inclusion of paper and credit, etc.).
- Account-opening Bank Fees**
Opening fees the bank charges to create and maintain your bank account. Look for banks with the lowest or \$0 fees, especially for youth bank accounts.
- Super**
A type of "savings" account for your superannuation. Your employer puts a percentage of your salary into your Super every year, which it gets invested and grows for future financial security.
- Gov**
Partners invest out of your income (wages, interest earned), which go to the government for the work that it does, such as improving schools and funding roads.
- TFN**
Tax File Number - you need this once you start saving money.
- Tax deductions**
Claims you can make to save your tax, such as charitable donations, travel costs or important work gear.
- Net salary**
Your take-home pay after tax and deductions, but before you start paying your bills...

Get in touch
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LET'S CONNECT

Talk to us today

Call 1300 363 831

Speak to our team of experts and advisors

Go to apprenticeshipsupport.com.au

Sign into your dedicated apprentice and trainee section to access up-to-date advice

Email us

Get in touch via mentoringssupport@apprenticeshipsupport.com.au and we will come back to you as soon as possible

Join [Skillsroad.com.au](https://skillsroad.com.au)

Skillsroad is a unique career advice and job search platform that connects young job seekers with employers. They provide support to over 300,000 entry-level job seekers across the country, and have some great tips on adjusting to full-time work.



National

01. The Australian Apprenticeship Support Loans

This site is comprehensive when it comes to your apprenticeship. Visit australianapprenticeships.gov.au

02. Tips on job and career opportunities

Visit skillsroad.com.au

03. If you need to talk to a recruiter

The Australian Government's national network of recruitment service providers. They can even help you find a job. Visit workforceaustralia.gov.au

04. Your Unique Student Identifier (USI)

Remember all apprentices and trainees require a USI number to enrol or re-enrol with their training provider. Visit usi.gov.au

05. Do you think you've been hard done by?

If for any reason you think you have been treated unfairly by your employer or your SRTO, your first port of call is the FairWork Ombudsman's website.

Visit fairwork.gov.au

06. If you need help with your pay

The fairwork.gov.au website is the best starting point.

07. Lodging a training complaint

Visit dewr.gov.au/national-training-complaints-hotline or call 133 873

QLD

01. Your questions answered

Frequently asked questions for apprentices and trainees. Visit desbt.qld.gov.au/training/apprentices/advice/faq-apprentices-trainees

02. Find the best course for you

Access information on training available in QLD. Visit training.qld.gov.au

03. Looking for an online career resource?

This platform offers career advice and the tips and tricks you need to complete your training successfully. Visit skillsroad.com.au

FREQUENTLY ASKED QUESTIONS

There are many unanswered questions surrounding working and studying as an apprentice or trainee. Here's what you need to know.

01. What is the difference between an apprenticeship and a traineeship?

- A traineeship is generally in a non-trade area and the training term is typically 1 to 2 years full time and an apprenticeship is for trade areas with a term of up to 3 or 4 years full time.
- Part-time training arrangements for traineeships and apprenticeships may be approved where a part-time employee is supported by an appropriate industrial award or agreement and the minimum part-time hours of work are met. The training term for a part-time training arrangement is longer.

02. What are my study commitments?

Your Supervising Registered Training Organisation (SRTO) develops a training plan with you and your employer. TAFE is also an SRTO. The training plan outlines the number of units of competency required to complete your apprenticeship or traineeship; how, when and where the training will be done; and how assessment of competencies is to occur.

03. How long will it take me to complete an apprenticeship or traineeship?

Apprenticeships and traineeships are approved for a nominal term based on advice by industry about how long it may take the apprentice or trainee to gain the required level of skills through completing the work-based and formal SRTO training. Early completion, known as Competency Based Completion (CBC) may happen if the apprentice or trainee has been assessed as competent and issued with a qualification by their SRTO. The application for CBC must be supported by both the employer and apprentice/trainee.

04. How much will I earn as an apprentice?

Your wage will be dependent on several factors including what industrial award or agreement you are paid under. The Australian Fairwork Ombudsman has created a pay calculator.

Visit: calculate.fairwork.gov.au/FindYourAward

05. How much are my apprenticeship or traineeship fees?

Your SRTO will advise if there are additional costs associated with your nominated course. Payment is dependent on the current relevant State Government policy, also the industrial award or agreement you are paid under.

06. What should I do if I experience a workplace issue?

Your employer has the legal responsibility and obligation to ensure your health and safety is a priority whilst working and training during your confirmed hours of work. They are also responsible for ensuring that the principles of equal opportunity and workplace harassment are communicated and practiced.

Just a reminder

You have a responsibility for your own behaviour and to obey your employer's instructions, ensuring your own safety and that of your colleagues. Being self-aware is incredibly valuable in the workplace.

To have a clear understanding of each other's obligations and expectations throughout your apprenticeship or traineeship you and your employer should read the "National Code of Good Practice for Australian Apprenticeships", provided separately.

07. What are my responsibilities?

As an apprentice or trainee you can expect a high level of service with the availability of three key documents **National Code of Good Practice, Provider – Code of Conduct and the Introduction to the National Employment Standards Document**. These documents are available at australianapprenticeships.gov.au

TOP TIP – Your Industry Training Consultant and the ASA Contact Hub are your main points of contact to guide you and support you on the journey.

Visit apprenticeshipsupport.com.au/contact-us or call us on **1300 363 831**.

YOUR FINANCIAL ENTITLEMENTS

For QLD apprentices and trainees

This list indicates the value of the incentives and benefits you may be eligible for as an apprentice or trainee. It is a guide only. Payment of incentives and benefits will be subject to employers and their apprentices or trainees satisfying the **eligibility criteria**. Details of each incentive and benefit should be discussed with your Industry Training Consultant.

Incentives and Benefits from 01/01/2026 for new and recommencing Australian Apprentices

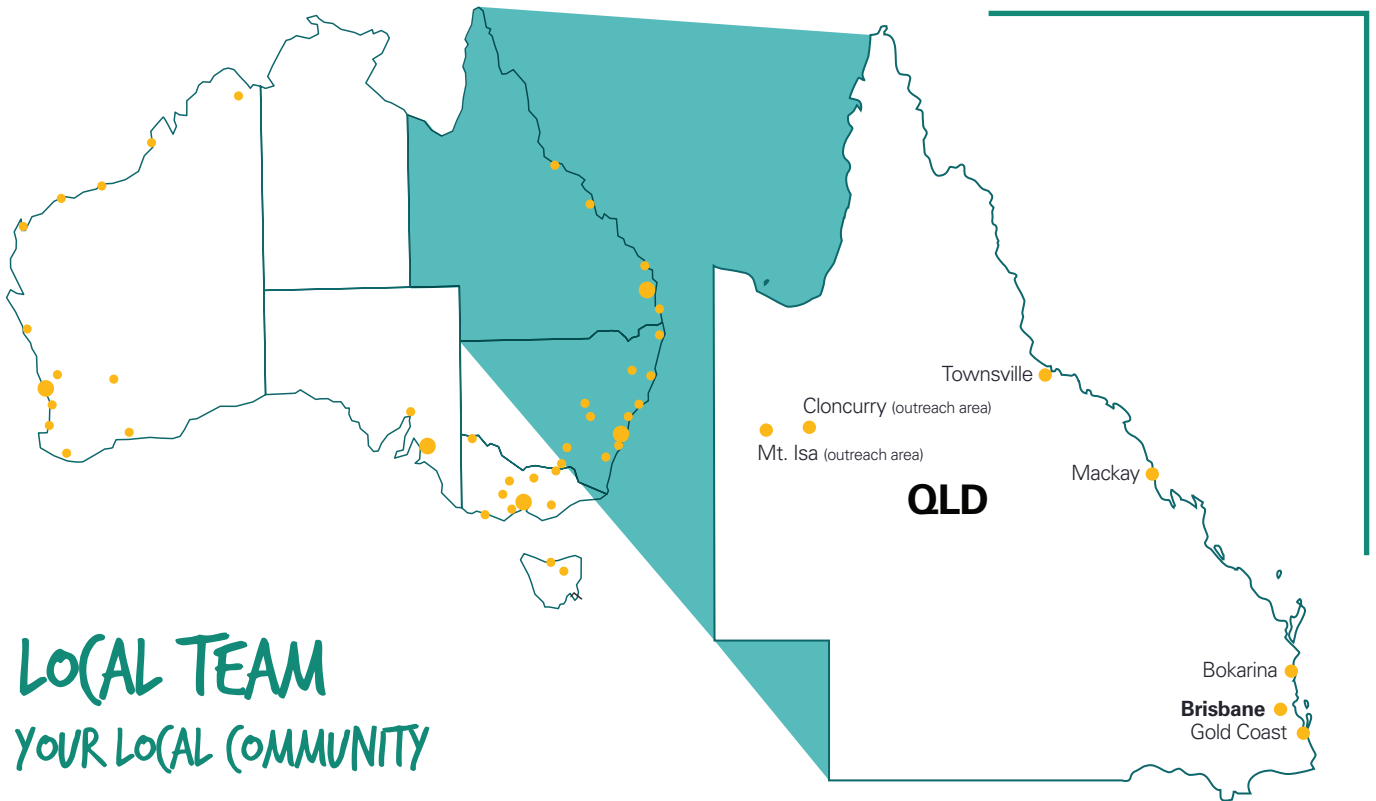
Australian Apprentice Training Support Payment Direct financial assistance for Australian Apprentices undertaking a Certificate III or higher qualification in a Priority Occupation on the Australian Apprenticeships Priority List to support them to complete their training. *Payment Rates effective for commencement from 1 January 2026 and can be subject to change without notice. These payments will be subject to taxation through the standard tax system.	Payment Rates	Fulltime	Part-time
	6 months	\$625	\$315
	12 months	\$625	\$315
	18 months	\$625	\$310
	24 months	\$625	\$310
Key Apprenticeship Program Direct financial assistance for Australian Apprentices who commence or recommence on or after 1 July 2025 are undertaking a Certificate III or above qualification and occupation that is listed on the Priority List identified as being new energy or housing construction. * Payment Rates effective for commencement from 1 July 2025 and can be subject to change without notice. These payments will be subject to taxation through the standard tax system.	Payment Rates	Fulltime	Part-time
	6 months	\$2000	\$1000
	12 months	\$2000	\$1000
	24 months	\$2000	\$1000
	36 months	\$2000	\$1000
	Completion	\$2000	\$1000
The Australian Apprenticeship Support Loans An Australian Apprenticeship Support Loan (AASL) is an interest free loan to help you purchase trade tools and supplies whilst you are undertaking your Australian Apprenticeship. You can apply for an AASL if you are completing an Australian Apprenticeship in a qualification listed on the Australian Apprenticeship Priority List. Once approved, 6 months of monthly instalments become payable. You must opt in for another 6 months of payments to continue the loan. You can opt out at any time and to avoid any overpayment you must advise Apprenticeship Support Australia within 14 days if you leave or are suspended from your apprenticeship/traineeship. Repayments of the loan are made through the tax system and start when you are earning the Compulsory Payment Threshold. For Information on when you must repay your loan visit: ato.gov.au/individuals-and-families/study-and-training-support-loans/when-must-you-repay-your-loan Not applicable for NZ Citizens and Non-permanent Visa Holders	Time Completed	Yearly Rate	Instalment Rate
	1- 12 completed calendar months (1st year)	\$10,394.00	\$866.17
	13- 24 completed calendar months (2nd year)	\$7,795.00	\$649.58
	25 – 36 completed calendar months (3rd year)	\$5,197.00	\$433.08
	37+ completed calendar months (4th year)	\$2,598.00	\$216.50
Lifetime Limit	\$25,983		
Discount	A 20% discount applies to the loan on successful completion of your apprenticeship or traineeship.		
Compulsory Payment threshold	2025-26 income year is \$67,000.00		
Australian Apprenticeship Priority List Resource	https://www.dewr.gov.au/australian-apprenticeships/apprenticeship-support#toc-australian-apprenticeship-priority-list		
*Key Apprenticeship Program Occupations are identified on Australian Apprenticeships priority list.			

The information contained in this PDF is current as at January 2026. Benefits and services are subject to change at any time without notice. Australian Apprentices commencing or recommencing prior to 01/07/2022 will be eligible for payments under the Australian Apprenticeships Incentive Program (AAIP). Please check with Apprenticeship Support Australia, 1300 363 831 or apprenticeshipsupport.com.au for the latest information.

Incentives and Benefits from 01/01/2026 for new and recommencing Australian Apprentices

Living Away From Home Allowance (LAFHA)	Time Completed	Weekly Rate
You may be eligible for LAFHA if you have to move away from your parental/guardian home for the first time to commence or remain in an apprenticeship or traineeship.	1 - 12 completed calendar months (1st year)	\$120.00
	13- 24 completed calendar months (2nd Year)	\$90.00
	25 – 36 completed calendar months (3rd Year)	\$45.00
Centrelink - Income Support (in lieu of LAFHA) 13 36 33 servicesaustralia.gov.au	ABSTUDY – help with costs if you are an Aboriginal Australian or Torres Strait Islander undertaking an apprenticeship or traineeship or studying and not getting another payment to study or train. Austudy – provides financial support if you are aged 25 years of age or older and a full-time student, apprentice or trainee; and under the income and assets test limits. Youth Allowance – financial help if you are 16 to 24 years of age and undertaking a full-time apprenticeship or traineeship.	
Low Income Health Care Card	Contact Services Australia to check if you are eligible to apply for a Low Income Health Care Card. The card may provide other benefits such as concessions and discounts for training courses (contact your RTO to ask about this).	
State Government Funding	User Choice funding for New and Existing Workers for a wide range of qualifications. Free training for apprentice and trainees under the age of 25 commencing a priority apprenticeship or traineeship qualification. Skilling Queenslanders for Work opportunities for jobseekers to commence apprenticeships and traineeships. Visit: desbt.qld.gov.au/training/providers/funded	
Travel and Accommodation Subsidies	Travel and accommodation subsidies for eligible apprentices and trainees (not school-based) to attend training for their apprenticeship/traineeship. Visit: qld.gov.au/education/apprenticeships/for-apprentices/support/travel	

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A LOCAL TEAM IN YOUR LOCAL COMMUNITY

Apprenticeship Support Australia, is contracted by the Australian Government to provide skills development advice and solutions to businesses across Australia.

We are committed to building a better Australia by promoting the participation in, and increasing the completion of, Vocational Education and Training programs, including apprenticeships and traineeships within the Australian Apprenticeship Support Service Framework.

Apprenticeship Support Australia

t 1300 363 831
e info@apprenticeshipscentre.com.au
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