



# APPRENTICE AND TRAINEE SIGN-UP GUIDE

NSW

from 1 January 2026



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# WELCOME TO APPRENTICESHIP SUPPORT AUSTRALIA

Congratulations on your decision to become an apprentice or trainee! It's an exciting time to be joining the Vocational Education and Training (VET) Industry. By combining work and study you will quickly gain the skills and experience you need to build a successful career.

Did you know there are more than 500 occupations that offer apprenticeships and traineeships, ranging from Certificate II to Advanced Diploma levels? An apprenticeship or traineeship opens the doors to some amazing opportunities. With a nationally recognised qualification under your belt, you will be able to work anywhere across Australia.

## How will you benefit?

- ✓ You will gain industry specific skills and valuable work experience
- ✓ You will have improved job prospects
- ✓ You will have the opportunity to work and travel anywhere in Australia
- ✓ Allows you to earn while you learn

The team at Apprenticeship Support Australia (ASA) will provide you with ongoing support and advice throughout your apprenticeship or traineeship.

Welcome to the ASA Community. We are here to help you on your journey.

### Stay in touch

Need support? Call us on **1300 363 831** or email us at  
[mentoringsupport@apprenticeshipsupport.com.au](mailto:mentoringsupport@apprenticeshipsupport.com.au)

Your dedicated ASA Industry Training Consultant is your go-to expert in relation to your apprenticeship program.

YOU'RE ON TRACK  
TO A NATIONALLY  
RECOGNISED  
QUALIFICATION!

# WHO'S INVOLVED?

## Who signs you up?



### Apprenticeship Support Australia (ASA)

ASA is your Provider contracted by the Australian Government. We conduct the training contract sign up, administer standard incentives program, offer support services, and have regular contact with the apprentice/trainee and employer as nominated.



### State Training Authority (STA)

Training Services is the regulator of apprenticeships and traineeships in NSW. They provide the final step and approve your training arrangement. They make things official!



### Apprenticeship Data Management System (ADMS)

ADMS is a modern and secure platform supporting the delivery of Australian Apprenticeship programs. The ADMS system is used by the Australian Apprentice or Trainee to review and submit claim applications. If eligible to claim, the Australian Apprentice or Trainee will receive an email notification to advise their application is ready to progress from ADMS.

## Who employs you?



### Employer

The employer hires apprentices/trainees and provides appropriate support, training and supervision on the job for you to gain the skills and knowledge to complete your apprenticeship or traineeship.



### Group Training Organisation (GTO)

In some instances the apprentice/trainee is not employed directly by an employer, but through a GTO. The GTO employs you and places you with a host employer.

## The Australian Apprentice/Trainee

That's you!

## Who trains you?



### Your employer – on-the-job training

Gaining hands-on experience is important. Your employer provides appropriate support, training and supervision on the job so that you can gain the skills and knowledge to complete the requirements of your apprenticeship or traineeship.



### Registered Training Organisation (RTO) – off-site training

The RTO works with you and your employer to deliver a training plan, deliver training, assess achievement of skills and issue the qualification on successful completion. TAFE is an example of an RTO. An Employer must release the Australian Apprentice for formal training and pay the appropriate wages to attend any training and assessment set out in the training plan. Release time to complete formal training is also stipulated in the full training plan.

Remember, you need to be signed up with ASA before enrolling with a RTO.

# APPRENTICESHIP SUPPORT AUSTRALIA IS WITH YOU ALL THE WAY



## Connecting you with your employer

Employers are the foundation of every registered apprenticeship program. Your employer will work with the Group Training Organisation (GTO) (where applicable), your dedicated ASA Industry Training Consultant and the Registered Training Organisation (RTO) to ensure you are on track to complete your national qualification.

## How it all comes together



## Related study requirements

Combine on-the-job learning with further education and study with an RTO, such as TAFE. Your employer and your ASA Industry Training Consultant will organise this for you.

The payment of your training fees depends on the Industrial Award under which you are paid. Speak to both your employer and ASA representative to find out how.



## Integrated on-the-job training

Together, your RTO and employer will organise:

- What you will be trained in
- Who you will be training with
- How the training will be done
- Where the training will take place
- And arrange for you to attend any off-the-job training.



## National qualifications

Once you've completed your apprenticeship or training, you will be the proud owner of a national qualification. This is your guarantee that you are fully qualified, and on track to excelling in your chosen career!



## VET is for earning

Your employer will pay your wages and superannuation. You will receive the same entitlements as all other employees (such as annual leave, sick leave and public holidays) according to the agreement/award under which you are employed. Check out a snapshot of industry pay scales here: [apprenticeshipsupport.com.au/Apprentices/How-Much-Will-I-Get-Paid](http://apprenticeshipsupport.com.au/Apprentices/How-Much-Will-I-Get-Paid)

# WHAT TO EXPECT AT SIGN-UP



## Who is your Industry Training Consultant?

The ASA Industry Training Consultant is your go-to expert in relation to your apprenticeship or traineeship program.

Documents that will be presented for discussion and signature:

- ✓ Training Contract
- ✓ Additional forms that may be applicable to your apprenticeship or traineeship arrangement



## Documentation to have ready

- ✓ Your Unique Student Identifier (USI). To create your USI go to: [usi.gov.au](http://usi.gov.au)
- ✓ Your ID (Driver's licence or photo ID)
- ✓ Copies of any previous qualifications completed
- ✓ Visa details and document (if applicable)
- ✓ If possible, your parent or guardian to attend the sign up if you are under 18
- ✓ Your myGov log in details in case you are eligible for any Financial Incentive to assist you to log into the ADMS System

### Assessment Services

Determine the **READINESS** and **ABILITY** of potential apprentices and employers for an apprenticeship.

We provide a Readiness check and tailored recommendations for support before signing.

Need help? Call **1300 363 831**



## Points for discussion

- ✓ Financial incentives and benefits that may be available to you and your employer as well as the claiming procedure
- ✓ Support available from ASA throughout your apprenticeship or traineeship arrangement
- ✓ Future contact points throughout your Australian Apprenticeship with you and your employer to ensure you are working towards a successful completion

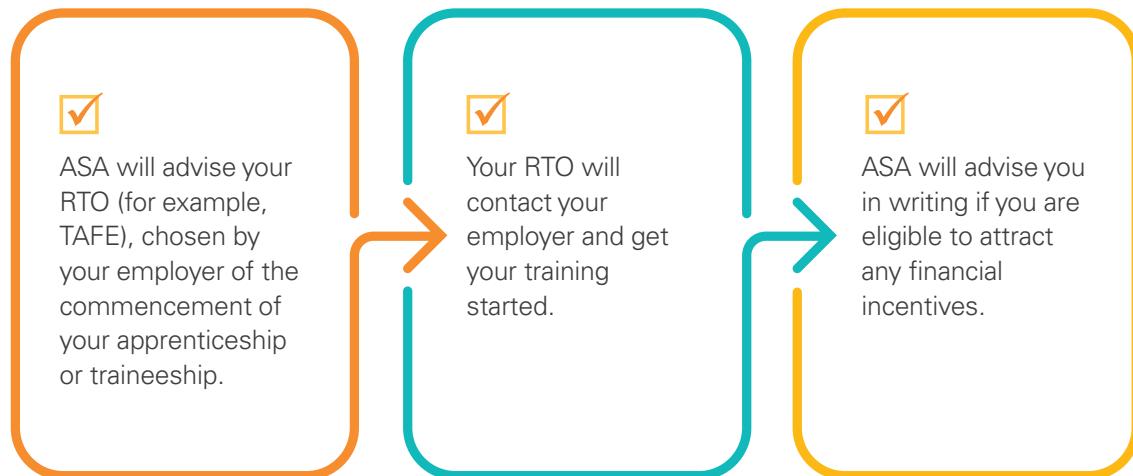


Your local Industry Training Consultant will arrange a convenient time for you and your employer to complete your Apprenticeship/ Traineeship Training Contract (TC) and relevant paperwork to submit the training arrangement to the State Training Authority for approval.

# YOU ARE ON YOUR WAY TO SUCCESS

## The contract has been signed – now what?

Once the Training Contract (TC) is completed and signed, the training contract obligations become automatically binding.



With over 500 qualifications across all industries, you can continue your training and further your career options.

1. Upskill into a higher-level qualification
2. Cross-skill into a related qualification or additional trade

# HELP ALONG THE WAY

## PLUS FREE access to our unique Resource Hub

Undertaking an apprenticeship or traineeship is a great career option. However, we understand at times it can be difficult. While none of us can fully prepare for everything that might happen when we start working full time, the team at Apprenticeship Support Australia have developed some resources to help you adapt. We are committed to providing ongoing tailored support and assistance.

### Our apprentice and trainee services include:

- Continuous support throughout your term of training
- An essential guide to successfully commencing and completing your new apprenticeship or traineeship
- Access to our innovative apprentice and trainee coaching and advisory programs



### Advisory services

Regular contact and ongoing support from your dedicated Mentor. Phone and face-to-face support from trained advisors for personal, training and work-related issues.

### FREE Resource Hub

ASA's Resource Hub gives you 24/7 access to resources such as videos and worksheets that help you throughout your training.

### Check out the page

[apprenticeshipsupport.com.au/Apprentice-Trainee-Resource-Hub](http://apprenticeshipsupport.com.au/Apprentice-Trainee-Resource-Hub)

**REMINDER** – You've made it this far and you're definitely going places. **And remember to respond to the communications we send you.** We need to know how you are tracking!

If in doubt, reach out to us via email on  
[mentoringsupport@apprenticeshipsupport.com.au](mailto:mentoringsupport@apprenticeshipsupport.com.au)



# A SNAPSHOT OF OUR AVAILABLE RESOURCES

## Just for you!

### First day at work checklist

Everything you need to know to make Day 1 a success.



### Managing stress

There is a lot of support to help you manage your stress. Here are some practical tips and ideas when you are feeling overwhelmed.



### Dos and don'ts

What you need to know to make the best of your apprenticeship/traineeship.



### Setting goals

Got goals? Make sure you reach them with these practical tips.



## Finding your balance

It's possible to work, live and have fun. Here's how.



# FIND YOUR BALANCE

Manage a healthy work-life balance with these tips.

**1 Prioritise your tasks**

Remember what you focus on. For your opportunity to happen, you need to prioritise what you do for a successful career and life – whether you call the shots. It's up to you to make the most of it – whether managing, growing, though education and innovation.

**2 Manage your time**

Create a work-life plan. Identify and set the top of priorities for your time and your life. Set aside time for your company to help you prioritise.

**3 Learn to say 'no'**

If you can't say no the night before a big job, then say no. Be polite but firm. You can't do it all. Make time for your priorities and.

**4 Organise important**

- ✓ Important and urgent
- ✓ Important but not urgent
- ✓ Urgent but not important
- ✓ Neither urgent nor important

**5 Make time for exercise**

Exercise releases energy and concentration. Fight stress and fatigue by getting active. Make time for it every day.

**6 Have some fun**

You still have a life!

**7 Sleep**

Try for eight hours a night.

**8 What's what you eat**

What you eat will affect your energy levels and your mood. Eat healthy packed lunches. You can't afford to be sick. Your bank account will thank you.

**9 Don't go it alone**

If you're struggling to manage your time and you feel like it demands more of you than you can give, get help. Turn to a friend, a family member or a trusted friend or colleague. They will be there when they've been through this too, and they really

**10 Get in touch**

If you're not secure or worried about your work-life balance, contact us on **0499997058** or email [hello@practicalupsupport.com.au](mailto:hello@practicalupsupport.com.au)

## Banking basics

Is your bank account working for you? Find out!



## Got money?

It's time to open a bank account!

Many young adults learn about money by using the "Three Jam Jar" strategy of saving, rewarding and giving. It's a good way to start, but it's not the only way to manage your money. There are many different types of bank accounts are practical and safe ways of keeping your money in one place, from where you can spend, save or grow it. While your employer might encourage you to bank your wages in a piggy

What bank account should I choose?

Want to access your money as needed or pay bills? You have a **transaction** account. Your income (wages, pocket money, freelance work...) is given paid into, and any expenses (bills, rent, mobile data, movie tickets) are paid out.

Want to save? You need a **savings account**. Usually, a savings account is linked to your transaction account. A savings account will earn interest (1% per year is the average of savings "year end"). For example, if you have \$ 5000 in your savings account, you can \$ 50 interest or more a year.

**When choosing, check for:**

- ✓ **Low or no fees.** (including ATM fees, overdraft fees, and account fees).
- ✓ **Good interest rates.** Interest rates on bank accounts are created, 4% - 6% for account fees (such as overdraft fees, ATM fees, and account fees). \$100 for 2 years leaves to Breeze Federal, \$200 for 2 years leaves to Commonwealth Bank, \$200 for 2 years leaves to Westpac.
- ✓ **Good customer service.** Take care of the good interest rate is a changing feature of the account, and the bank's customer service.
- ✓ **Check the catch.** Does the account have conditions, such amount of transactions in a month, minimum

deposit amount to receive the good interest rates, and can you easily access them?

- ✓ **Low minimum deposit** required to activate account or to receive the good interest rates.
- ✓ **One online banking services** are a must!
- ✓ **Utility mobile banking apps** are not required!
- ✓ **Ability to make international transfers**
- ✓ **Debit card** can always online shopping
- ✓ **Good personalisation options** to set savings goals



## Spending your money right

How to set yourself up for future riches.



# HOW TO BE A SAVVY SPENDER

Spending can be fun. But it can also be a waste of money.

There's a saying that the best way to buy something is not to buy it. And saving and excusing can reduce the good hormones such as endorphins, dopamine and serotonin in our bodies. This makes us want to buy more to keep feeling good. So, before you go: "Stop and take a moment," ask yourself these six questions.

**1 Do I NEED it, or just WANT it?**  
You NEED food and a power source to live and stay healthy. You WANT a new car, a new phone, a new jacket, a new outfit, a new bag, a new toy, a new computer, a new house... You might WANT that new iPhone... but then that's nothing wrong with your old phone, is there?

**2 Do I have more cash than I need?**  
Like IKEA candles or Adidias sneakers from Hope. Or a Surfers Paradise weekend in a resort in Bali.

**3 Is this the best deal?**  
Shopping around for the best deal is as different as... you might save a lot of money, or even decide that you don't really need to buy the thing after all.

**4 Is it a good investment?**  
Sometimes it's worth saving up for something that will last a long time. Like a house, a car, a computer... A good winter coat or a good backpack can last for many years!

**5 How long will I use this?**  
Some items have just been put up to landfill. Save the environment, don't buy unnecessary stuff!

**6 What can I do instead?**  
Good happens, like with a home mortgage or student loan. Good happens, like when you're buying experience instead of things, like... doing yoga wrong!

**REMEMBER:**

- DON'T buy a car, or use a credit card; only buy necessities, like a house or a car.
- DON'T cancel your gym membership.
- DON'T cancel with AfterPay; it's easy to get carried away and buy more things than you can afford to pay off.

**Get in touch**  
If you have any questions or want to speak to a financial advisor, call us on **0438877056** or email **hello@mapricashelpsupport.com.au**

## Financial terms

All the terms you need to know.

**FINANCIAL TERMS**

- Budget**  
A plan to keep track of your money.
- Income**  
Money that you earn (pocket money, wages, salary, dividends, interest, lottery, lemonade stand...).
- Expenses**  
What you spend your money on (food, bills, clothes, entertainment).
- Saving**  
Putting some money aside for future use.
- Savings account**  
A bank account that you can deposit to the account holder's bank. It's not always used for making purchases or payments.
- Transactional account**  
Everyday deposit account for purchases and payments.
- Gross salary**  
Your total salary package, including base salary and extras, pretax.
- Account keeping/bank less**  
Ongoing fees the bank charges to create and maintain your bank account, plus fees associated with the lowest or NO fees - especially for mobile bank account!
- Super**  
A type of "nesting" account for your retirement savings. You can choose your employer may also contribute to your super, invest in it and grows for future financial security.
- TIN**  
Payroll details out of your income (salary, wages, interest earned), which go to the government to pay taxes. It's used, such as improving schools and flying crashes.
- Net deduction**  
Details you can make to pay less tax, such as charitable donations, travel costs or important gifts.
- Net salary**  
Your base salary after pay and deductions, but before you start paying your bills.

**Get in touch**  
If you have any questions or want to chat to someone, call one of our mentors on 043889705 or email [help@entrepreneurshipsupport.com.au](mailto:help@entrepreneurshipsupport.com.au)



# LET'S CONNECT

## Talk to us today

### Call 1300 363 831

Speak to our team of experts and advisors

### Go to apprenticeshipsupport.com.au

Sign into your dedicated apprentice and trainee section to access up-to-date advice

### Email us

Get in touch via [mentoringsupport@apprenticeshipsupport.com.au](mailto:mentoringsupport@apprenticeshipsupport.com.au) and we will come back to you as soon as possible

### Join Skillsroad.com.au

Skillsroad is a unique career advice and job search platform that connects young job seekers with employers. They provide support to over 300,000 entry-level job seekers across the country, and have some great tips on succeeding in the workplace



## National

If you require information on:

### 01. The Australian Apprenticeship Support Loans

This site is comprehensive when it comes to your apprenticeship. Visit [australianapprenticeships.gov.au](http://australianapprenticeships.gov.au)

### 02. Tips on job and career opportunities

Visit [skillsroad.com.au](http://skillsroad.com.au)

### 03. If you need to talk to a recruiter

The Australian Government's national network of recruitment service providers. They can even help you find a job. Visit [workforceaustralia.gov.au](http://workforceaustralia.gov.au)

### 04. Your Unique Student Identifier (USI)

Remember all apprentices and trainees require a USI number to enrol or re-enrol with their training provider. Visit [usi.gov.au](http://usi.gov.au)

### 05. Do you think you've been hard done by?

If for any reason you think you have been treated unfairly by your employer or your RTO, your first port of call is the Fair Work Ombudsman's website.

Visit [fairwork.gov.au](http://fairwork.gov.au)

### 06. If you need help with your pay

The [fairwork.gov.au](http://fairwork.gov.au) website is the best starting point.

## 07. Lodging a training complaint

Visit [dewr.gov.au/national-training-complaints-hotline](http://dewr.gov.au/national-training-complaints-hotline) or call 133 873

## NSW

### 01. Sometimes things do not go to plan

This service helps apprentices and trainees who may have lost their jobs, and may help you find an employer where you can complete your apprenticeship or traineeship. Visit [education.nsw.gov.au/skills-nsw/apprentices-and-trainees/support-with-your-apprenticeship-or-traineeship/continuing-apprentices-trainees-placement-service-caps](http://education.nsw.gov.au/skills-nsw/apprentices-and-trainees/support-with-your-apprenticeship-or-traineeship/continuing-apprentices-trainees-placement-service-caps)

### 02. Find the best course for you

Access information on training available in NSW. Visit [education.nsw.gov.au/skills-nsw/apprentices-and-trainees/low-cost-and-free-training-options](http://education.nsw.gov.au/skills-nsw/apprentices-and-trainees/low-cost-and-free-training-options)

### 03. Looking for an online career resource?

This platform offers career advice and the tips and tricks you need to complete your training successfully. Visit [skillsroad.com.au](http://skillsroad.com.au)

# FREQUENTLY ASKED QUESTIONS

There are many unanswered questions surrounding working and studying as an apprentice or trainee. Here's what you need to know.

## 01. What is the difference between an apprenticeship and a traineeship?

- A traineeship is generally in a non-trade area and the training term is typically 1 to 2 years full time and an apprenticeship is for trade areas with a term of up to 3 or 4 years full time.
- Part-time training arrangements for traineeships and apprenticeships may be approved where a part-time employee is supported by an appropriate industrial award or agreement and the minimum part-time hours of work are met. The training term for a part-time training arrangement is longer.

## 02. What are my study commitments?

Your Registered Training Organisation (RTO) develops a training plan with you and your employer. TAFE is also an RTO. The training plan outlines the number of units of competency required to complete your apprenticeship or traineeship; how, when and where the training will be done; and how assessment of competencies is to occur.

## 03. How long will it take me to complete an apprenticeship or traineeship?

Apprenticeships and traineeships are approved for a nominal term based on advice by industry about how long it may take the apprentice or trainee to gain the required level of skills through completing the work-based and formal RTO training. Early completion, known as Competency Based Completion (CBC) may happen if the apprentice or trainee has been assessed as competent and issued with a qualification by their RTO. The application for CBC must be supported by both the employer and apprentice/trainee.

## 04. How much will I earn as an apprentice?

Your wage will be dependent on several factors including what industrial award or agreement you are paid under. The Australian Fairwork Ombudsman has created a pay calculator.

Visit: [calculate.fairwork.gov.au/FindYourAward](http://calculate.fairwork.gov.au/FindYourAward)

## 05. How much are my apprenticeship or traineeship fees?

Your RTO will advise if there are additional costs associated with your nominated course. Payment is dependent on the current relevant State Government policy, also the industrial award or agreement you are paid under.

## 06. What should I do if I experience a workplace issue?

Your employer has the legal responsibility and obligation to ensure your health and safety is a priority whilst working and training during your confirmed hours of work. They are also responsible for ensuring that the principles of equal opportunity and workplace harassment are communicated and practiced.

### Just a reminder

You have a responsibility for your own behaviour and to obey your employer's instructions, ensuring your own safety and that of your colleagues. Being self-aware is incredibly valuable in the workplace.

To have a clear understanding of each other's obligations and expectations throughout your apprenticeship or traineeship you and your employer should read the "National Code of Good Practice for Australian Apprenticeships", provided separately.

## 07. What are my responsibilities?

As an apprentice or trainee you can expect a high level of service with the availability of three key documents **National Code of Good Practice, Provider – Code of Conduct and the Introduction to the National Employment Standards Document**. These documents are available at [australianapprenticeships.gov.au](http://australianapprenticeships.gov.au)

 **TOP TIP** – Your Industry Training Consultant and the ASA Contact Hub are your main points of contact to guide you and support you on the journey.

Visit [apprenticeshipsupport.com.au/contact-us](http://apprenticeshipsupport.com.au/contact-us) or call us on 1300 363 831.

# YOUR FINANCIAL ENTITLEMENTS

## For NSW apprentices and trainees

This list indicates the value of the incentives and benefits you may be eligible for as an apprentice or trainee. It is a guide only. Payment of incentives and benefits will be subject to employers and their apprentices or trainees satisfying the **eligibility criteria**. Details of each incentive and benefit should be discussed with your Industry Training Consultant.

### Incentives and Benefits from 01/01/2026 for new and recommencing Australian Apprentices

<b>Australian Apprentice Training Support Payment</b> Direct financial assistance for Australian Apprentices undertaking a Certificate III or higher qualification in a Priority Occupation on the Australian Apprenticeships Priority List to support them to complete their training.  *Payment Rates effective for commencement from 1 January 2026 and can be subject to change without notice. These payments will be subject to taxation through the standard tax system.	<b>Payment Rates</b>	<b>Fulltime</b>	<b>Part-time</b>
6 months	\$625	\$315	
12 months	\$625	\$315	
18 months	\$625	\$310	
24 months	\$625	\$310	
<b>Key Apprenticeship Program</b> Direct financial assistance for Australian Apprentices who commence or recommence on or after 1 July 2025 are undertaking a Certificate III or above qualification and occupation that is listed on the Priority List identified as being new energy or housing construction.  * Payment Rates effective for commencement from 1 July 2025 and can be subject to change without notice. These payments will be subject to taxation through the standard tax system.	<b>Payment Rates</b>	<b>Fulltime</b>	<b>Part-time</b>
6 months	\$2000	\$1000	
12 months	\$2000	\$1000	
24 months	\$2000	\$1000	
36 months	\$2000	\$1000	
Completion	\$2000	\$1000	
<b>The Australian Apprenticeship Support Loans</b> An Australian Apprenticeship Support Loan (AASL) is an interest free loan to help you purchase trade tools and supplies whilst you are undertaking your Australian Apprenticeship. You can apply for an AASL if you are completing an Australian Apprenticeship in a qualification listed on the Australian Apprenticeship Priority List. Once approved, 6 months of monthly instalments become payable. You must opt in for another 6 months of payments to continue the loan. You can opt out at any time and to avoid any overpayment you must advise Apprenticeship Support Australia within 14 days if you leave or are suspended from your apprenticeship/traineeship. Repayments of the loan are made through the tax system and start when you are earning the Compulsory Payment Threshold. For Information on when you must repay your loan visit: <a href="http://ato.gov.au/individuals-and-families/study-and-training-support-loans/when-must-you-repay-your-loan">ato.gov.au/individuals-and-families/study-and-training-support-loans/when-must-you-repay-your-loan</a> Not applicable for NZ Citizens and Non-permanent Visa Holders	<b>Time Completed</b>	<b>Yearly Rate</b>	<b>Instalment Rate</b>
1- 12 completed calendar months (1st year)	\$10,394.00	\$866.17	
13- 24 completed calendar months (2nd year)	\$7,795.00	\$649.58	
25 – 36 completed calendar months (3rd year)	\$5,197.00	\$433.08	
37+ completed calendar months (4th year)	\$2,598.00	\$216.50	
<b>Lifetime Limit</b>	\$25,983		
<b>Discount</b>	A 20% discount applies to the loan on successful completion of your apprenticeship or traineeship.		
<b>Compulsory Payment threshold</b>	2025-26 income year is \$67,000.00		
<b>Australian Apprenticeship Priority List Resource</b>	<a href="https://www.dewr.gov.au/australian-apprenticeships/apprenticeship-support#toc-australian-apprenticeship-priority-list">https://www.dewr.gov.au/australian-apprenticeships/apprenticeship-support#toc-australian-apprenticeship-priority-list</a>		

\*Key Apprenticeship Program Occupations are identified on Australian Apprenticeships priority list.

The information contained in this PDF is current as at January 2026. Benefits and services are subject to change at any time without notice. Australian Apprentices commencing or recommencing prior to 01/07/2022 will be eligible for payments under the Australian Apprenticeships Incentive Program (AAIP). Please check with Apprenticeship Support Australia, 1300 363 831 or apprenticeshipsupport.com.au for the latest information.

## Incentives and Benefits from 01/01/2026 for new and recommencing Australian Apprentices

<b>Living Away From Home Allowance (LAFHA)</b> You may be eligible for LAFHA if you have to move away from your parental/guardian home for the first time to commence or remain in an apprenticeship or traineeship.	<b>Time Completed</b>	<b>Weekly Rate</b>
	1- 12 completed calendar months (1st year)	\$120.00
	13- 24 completed calendar months (2nd Year)	\$90.00
	25 – 36 completed calendar months (3rd Year)	\$45.00
<b>Centrelink - Income Support (in lieu of LAFHA)</b> 13 36 33 <a href="http://servicesaustralia.gov.au">servicesaustralia.gov.au</a>	<p><b>ABSTUDY</b> – help with costs if you are an Aboriginal Australian or Torres Strait Islander undertaking an apprenticeship or traineeship or studying and not getting another payment to study or train.</p> <p><b>Austudy</b> – provides financial support if you are aged 25 years of age or older and a full-time student, apprentice or trainee; and under the income and assets test limits.</p> <p><b>Youth Allowance</b> – financial help if you are 16 to 24 years of age and undertaking a full-time apprenticeship or traineeship.</p>	
<b>Low Income Health Care Card</b>	Contact Services Australia to check if you are eligible to apply for a Low Income Health Care Card. The card may provide other benefits such as concessions and discounts for training courses (contact your RTO to ask about this).	
<b>Fee-free Apprenticeship and Traineeship Training</b>	<p>Apprentice and New Entrant Trainee (including School-based arrangements) student fees funded under the NSW Government's Smart and Skilled Program. Conditions apply.</p> <p>For more information visit: <a href="http://education.nsw.gov.au/skills-nsw/apprentices-and-trainees/low-cost-and-free-training-options">education.nsw.gov.au/skills-nsw/apprentices-and-trainees/low-cost-and-free-training-options</a></p>	
<b>Transport Concession Entitlement Card and Opal Concession Card</b>	<p>Concession card for transport and wherever concessions are accepted. Apply for Opal Concession Card after Transport Concession Entitlement Card has been issued. Both cards must be carried.</p> <p>Visit: <a href="http://service.nsw.gov.au/services/transport-concessions-cards-and-passes">service.nsw.gov.au/services/transport-concessions-cards-and-passes</a></p>	
<b>Travel and Accommodation Allowance</b>	<p>Vocational Training Assistance Scheme – travel and accommodation support.</p> <p>Visit: <a href="http://service.nsw.gov.au/transaction/apply-for-the-vtas-travel-and-accommodation-allowance">service.nsw.gov.au/transaction/apply-for-the-vtas-travel-and-accommodation-allowance</a></p>	
<b>Vehicle Registration Rebate</b>	<p>A rebate may be available to assist with the cost of registering your vehicle in the 1st and 2nd year of your apprenticeship. Note: 3rd and 4th year apprentices and trainees are not eligible for the rebate.</p> <p>Call Roads and Maritime Services on 132 213 or visit: <a href="http://service.nsw.gov.au/transaction/apply-for-an-apprentice-vehicle-registration-rebate">service.nsw.gov.au/transaction/apply-for-an-apprentice-vehicle-registration-rebate</a></p>	

The information contained in this PDF is current as at January 2026. Benefits and services are subject to change at any time without notice. Australian Apprentices commencing or recommencing prior to 01/07/2022 will be eligible for payments under the Australian Apprenticeships Incentive Program (AAIP). Please check with Apprenticeship Support Australia, 1300 363 831 or apprenticeshipsupport.com.au for the latest information.



**NSW**

Ballina  
Tamworth  
Port Macquarie  
Orange  
Broadmeadow  
Sydney  
Wagga Wagga  
Albury  
Tuggerah  
Wollongong  
Parramatta

## A LOCAL TEAM IN YOUR LOCAL COMMUNITY

Apprenticeship Support Australia, is contracted by the Australian Government to provide skills development advice and solutions to businesses across Australia.

We are committed to building a better Australia by promoting the participation in, and increasing the completion of, Vocational Education and Training programs, including apprenticeships and traineeships within the Australian Apprenticeship Support Service Framework.

### Apprenticeship Support Australia

Level 9, 60 Station Street  
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**w** [apprenticeshipsupport.com.au](http://apprenticeshipsupport.com.au)

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